

Tai Chi Classes



Internal Arts Alaska

Offering

Tai Chi Classes

Wednesday Evenings

6:00-7:30pm

The Alpine Urgent Care
and Sports Medicine

1310 E. Dimond Blvd., Suite
Anchorage, AK

Direct Lineage Teachers

Sifu Chin Tsou
and
Kevin Holthaus

Join our friendly group for:

- Health
- Well-being
- Rejuvenation

Study all aspects of Tai Chi:

- The Origins
- Healing
- Martial Arts
- Life Applications

*Join us for a free
introductory
class!*

Call Today!
Kevin Holthaus, 907-350-1708

All levels welcome.
Please visit us at:

DaoMind.com